Joliet January Jamboree A Masters Swim Meet Hosted by the Joliet Blue Tides Sanctioned by the Illinois LMSC for USMS, Inc.

Pool Deck Open - 9:15am Warm Up - 9:30-10:20am

Meet Begins - 10:30am

FACILITY: Inwood Athletic Club, 3000 W Jefferson St., Joliet, IL 60435

8 lane, 25 yard indoor pool with Colorado timing system at starting end. All 8 lanes will be available for warm up. During the meet, lanes 2-7 will be used for individual events, with lanes 1 and 8 as continuous cool down/warm up. Relays may use all 8 lanes for competition.

- **POOL LENGTH CERTIFICATION:** The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1.
- **TIMING SYSTEM:** The primary timing system will be automatic timing. Times may be submitted for USMS records and USMS Top 10 consideration.
- **ELIGIBILITY:** Current USMS rules will govern the meet. All participants must be age 18 or older as of the last day of the meet, and be currently registered members of U.S. Masters Swimming.
- **ENTRIES/ENTRY FEES:** Entries are by mail-in only. Deck entries will not be accepted.

There is a flat fee of \$25 for this meet. Checks should be made out to Joliet Blue Tides.

Mail form and \$25 check to:

Molly Hoover 3818 Cherry Tree Lane Joliet, IL 60435

- **ENTRY CONFIRMATION**: You will receive an email confirmation from mhoover@jolietpark.org once we have received your entries. Please reach out if you have sent them in but not received this confirmation by Wednesday, January 12.
- **ENTRY LIMITS:** Swimmers may enter a maximum of 5 individual events and 2 relays. The 400 IM and 500 free will be limited to the first 16 entries.
- **SEEDING:** Events will be seeded according to time, slowest to fastest. Men and women will be combined for all events.
- **SCRATCHES:** There is no penalty for scratches. Scratches are non-refundable.
- **RELAYS:** Relays will be deck entered and seeded prior to each race. There is no extra charge for relays, however only team members registered for the meet may participate. Mixed relays consist of two women and two men.
- **SPECTATORS**: Spectators will be allowed in the bleachers on deck or outside of the lobby windows. Swimmers may also use the bleachers or there is plenty of deck space for individual chairs as well.

HOSPITALITY: There will be a hospitality room at this meet.

MEET DIRECTOR: Molly Hoover, mhoover@jolietpark.org, 815-557-6853

WARM UPS: Entry into the pool must be feet first in a cautious manner. Diving shall be permitted only in the designated sprint lanes during the meet warm-up. Instructions given by the meet official must be always obeyed.

ORDER OF EVENTS:

- 1. 400 IM (first 16 to sign up)
- 2. 50 Free
- 3. 100 Fly
- 4. 200 Breast
- 5. 50 Back
- 6. 200 Medley Relay
- 7. 200 Free
- 8. 100 IM
- 9. 200 Fly
- 10. 50 Breast
- 11. 100 Back
- 12. 500 Free (first 16 to sign up)
- 13. 50 Fly
- 14. 200 IM
- 15. 100 Free
- 16. 100 Breast
- 17. 200 Back
- 18. 200 Free Relay

COVID PROTOCOL: Current IDPH and facility guidelines will be in effect on the day of the meet. See the attached safety plan for general guidelines.

Joliet January Jamboree Saturday, January 15, 2022 Hosted by the Joliet Blue Tides Sanctioned by ILMSA, for USMS, Inc.

Name:			Birthdate:	Age:	<u> </u>
Address:			City:	_ State:	_Zip:
Phone:		Email:			
USMS#:	Team:				

You may enter up to 5 individual events, plus relays. Please circle the individual events you wish to swim and enter a seed time for that event. If you do not have a time, please enter NT for no seed time. Relays will be deck entered on the day of the meet.

Event #	Event	Time	Event #	Event	Time
1	400 IM*		10	50 Breast	
2	50 Free		11	100 Back	
3	100 Fly		12	500 Free*	
4	200 Breast		13	50 Fly	
5	50 Back		14	200 IM	
6	200 Medley Relay	N/A	15	100 Free	
7	200 Free		16	100 Breast	
8	100 IM		17	200 Back	
9	200 Fly		18	200 Free Relay	N/A

^{*} The 400 IM and 500 free are limited to the first 16 entries

There will be a 10 minute break following event 6 and a 5 minute break after event 12

Print form and waiver, and mail with a \$25 check payable to: Joliet Blue Tides

Mail to:

Molly Hoover 3818 Cherry Tree Lane Joliet, IL 60435

Please watch for an email confirmation (check your spam) and let me know if you do not have it by Wednesday, January 12. Mhoover@jolietpark.org

^{**}Must be postmarked by January 8, 2022

PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- 1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
- 2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
- 3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
- 4. I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19, or other viral or bacterial infection, while participating in any of the Events, and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I agree that if I have a fever, cough, feel short of breath, have any other symptoms, have knowingly been exposed to a communicable disease such as COVID-19 or have traveled to or from a highly impacted area, I will not attend an Event for at least two weeks after exposure or symptoms have subsided or I have returned from a highly impacted area. In addition, if I discover I have been exposed to a suspected or positive case of COVID-19 or have tested positive for COVID-19, I will notify the USMS coach or club administrator immediately.
- 5. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
- 6. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle)	М	F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip						
Signature [.]				Date:		