

Tide Swimming Additional Supplemental Safety Information

Statement

In applying for this sanction, TIDE Swimming agrees to comply with to enforce all health and safety mandates and guidelines of US Masters Swimming, the Commonwealth of Virginia, and the City of Virginia Beach.

Flow of Ingress and Egress at Meet for Athletes and Spectators

Athletes will enter at front gate and exit from middle gate next to the right of the bleachers.

Spectators will be off the deck at all times except for those who are volunteers. They will be allowed to set up tents 10 feet apart in the grassy area next to the fencing of the outside the pool deck.

Coaches will be stationed up in bleachers, keeping bleachers the deck clear so that spectators may watch from outside the gate. We will mark the mark where they may stand, 10 feet apart. Athletes will come up the left-hand side of the deck to talk to coaches but will stay 3 rows down from coaches and exit down the right-hand side of the deck after talking to coaches. We will mark the flow of traffic with arrows/tape.

Please see flow map below:



Estimated Numbers at each session for the meet

For each session:

4 lifeguards

4 officials

6-8 staff

10 volunteers (8 timers, 2 deck marshals)

40-60 swimmers

All in estimate: 66 to 86 total people per session.

Statement of Local Guidelines and Protocols:

Mandatory Requirements

Pools:

- Post signage at the entrance that states that no one with a fever or symptoms of COVID-19 in the prior 14 days, is permitted in the establishment.
- Post signage to provide public health reminders regarding physical distancing, gatherings, and staying home if sick (samples at bottom of this document).
- Hot tubs, spas, saunas, splash pads, spray pools, and interactive play features must be closed.
- Seating may be provided on pool decks with at least ten feet of spacing between persons who are not members of the same household.
- All seating (including lifeguard stations) must be cleaned and disinfected between uses.
- Employees working in customer-facing areas are required to wear face coverings, such as using CDC Use of Cloth Face Coverings guidance. Lifeguards responding to emergencies/distressed swimmers are exempt from this requirement.
- Provide hand sanitizing stations, including at the entrance/exit and where shared equipment is utilized.
- Facilities should screen patrons for COVID-19 symptoms prior to admission to the facility. Patrons should be asked if they are currently experiencing fever (100.4 degrees Fahrenheit or higher) or a sense of having a fever, a new cough that cannot be attributed to another health condition, new shortness of breath that cannot be attributed to another health condition, new chills that cannot be attributed to another health condition, a new sore throat that cannot be attributed to another health condition, or new muscle aches that cannot be attributed to another health condition or specific activity (such as physical exercise). Children should be screened per the CDC guidance for screening children. Anyone experiencing symptoms should not be permitted in the facility. Screenings will be conducted in accordance with applicable privacy and confidentiality laws and regulations.

Sporting events:

- Indoor and outdoor recreational sports should maintain ten feet of physical distance between all instructors/participants and spectators, where practicable.
- The total number of attendees (including both participants and spectators) of recreational sports cannot exceed the lesser of 50% of the occupancy load on the certificate of occupancy, if applicable, or 500 persons. For sports played on a field, attendees are limited to 500 persons per field.
- Ensure anyone who has symptoms of, has tested positive for, or has been exposed to COVID-19 follows appropriate guidelines for quarantine or isolation. Persons with symptoms should stay home until CDC criteria for ending isolation have been met. Persons with severe symptoms may need to be evaluated by a healthcare provider. Establish procedures for safely transporting anyone who is sick to their home or to a healthcare facility. If you are calling an ambulance or bringing someone to the hospital, try to call first to alert them that the person may have COVID-19.
- All shared items must be disinfected between each use to the extent practicable.