[Subject to change based on updated information, pursuant to approval from PVS/USMS]:

Meet Name: 11th Annual Solstice SCM Swim Meet

Sanctioned by Potomac Valley Swimming by USMS, Inc. Sanction number TBD.

Germantown Indoor Swim Center 18000 Central Park Circle, Boyds, MD 20841

WARM-UPS: 12 noon. MEET: 1:00-7:30 PM.

On Saturday afternoon, November 23, 2023, Germantown Masters will host the 11th Annual Solstice Swim Meet. Join us as we take shots at fast times for the year! The meet will be held in the Germantown Indoor Swim Center, a pool that has hosted a number of championship meets including the 2024 Washington Metro High School Swim & Diving Championships. There were 7 world records set at our 2021 meet. The pool will be configured as a 25-meter course. The water depth varies from 17 to 7 feet making it a very fast pool.

ENTRIES: Entries are limited to the first 230 individuals. If we reach 230 swimmers prior to the entry deadline, the online entry system will shut down. NO DECK ENTRIES, except for relays (please carefully read the "relays" section below). Due to time constraints, swimmers are limited to five individual events. Remember that your age is as of December 31, 2024 for this meet per USMS rules. Please register using Club Assistant.

INTERNATIONAL ENTRIES: International entries are subject to verification and may require additional documentation. Please submit a copy of your Masters Registration card/letter from your governing body to the Meet Director at jgeorge@jd12.law.harvard.edu. Verification is required at the time of online entry.

RULES: Current USMS rules apply. All swimmers must be registered with USMS. If you are not registered with USMS you may register online at www.usms.org/reg/

SEEDING: Events longer than 50 meters will be seeded slow to fast with men and women combined. 50 meter events will be split with men and women seeded separately. Please enter with a seed time in SHORT COURSE METERS even if it is an estimate. "No time" entries are not permitted.

RELAYS:

- Relays MUST be submitted through Club Assistant by the relay entry deadline of November 21, 2024.
- Changes in swimmer line-up will be accepted on deck.
- If there are open lanes in a heat, you may request a relay deck entry on a first-come, first-served basis.
- No new heats will be established to accommodate relay deck entries.

- Entries and swimmer line-up changes will be accepted for the 200 meter medley and free relays and the Crescendo Relay until the start of the meet.
- Entries and swimmer line-up changes will be accepted for the 800 meter relay until 4:00 PM on the day of the meet.

FEES: \$6 per event plus a \$15 meet surcharge. No charge for relays.

AWARDS AND RESULTS: Awards will be given for first through third places for individual events only. Results will be posted to SwimPhone after the meet. All results will be submitted to USMS for Top Ten and other records consideration.

FACILITY: The Germantown Indoor Swim Center is an indoor 25 meter, 8-lane pool with nonturbulent lane lines. The pool has full electronic timing. Two lanes in a separate pool will be available for warm-up/warm down at all times prior to and during the meet. Concessions are not sold on the premises so please plan accordingly. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1.

LODGING: Fairfield Inn & Suites, located at 20025 Century Blvd Germantown, MD 20874, is less than 4 miles from the pool. Call 301-916-0750 to book rooms, or click here.

DIRECTIONS: Germantown Indoor Swim Center is 30 miles from Washington, 50 miles from Baltimore, 133 miles from Richmond, 150 miles from Philadelphia, and 95 miles from Harrisburg. The pool is about 4 miles west of Exit 15B on I-270.

From I-270 take exit 15B onto MD-118 S/Germantown Road for about 2.5 miles. Turn right on Richter Farm Road. Go about 0.6 mi to Schaeffer Road, and turn left. Continue on Schaeffer Road to the traffic circle. At the traffic circle, take the first exit onto Central Park Circle. Turn left to stay on Central Park Circle, and the Swim Center will be on the right.

PARKING: Free parking, with sufficient space for all competitors and spectators, is available at the pool.

[Anticipated:] MEET MERCHANDISE: Solstice short sleeve Unisex T-shirts can be ordered when you register until stock is depleted. A limited number will be available for purchase at the meet.

OUESTIONS:

Meet Director: Jason George: jgeorge@jd12.law.harvard.edu; David

Robinson: davidrobinsondc@gmail.com

Entry Chair: Steve Wright: MastersSolsticeSwim@gmail.com

EVENT SCHEDULE:

• 10-minute break between events 13 and 14

- Event 10 (400 Free) is limited to 3 heats (24 total swimmers)
- Warm-ups begin at 12 noon in the competition pool. Two lanes in non-competition pool will be continuously available throughout the meet for warm-up/warm-down.

Session 1

Warm-ups start at 12:00 PM Meet Session starts at 1:00 PM

#	Sex	Event	
1	Mixed	200 M	Free
2	Mixed	100 M	Breast
3	Mixed	200 M	Fly
4	Women	50 M	Back
5	Men	50 M	Back
6	Mixed	100 M	IM
7	Mixed	100 M	Free
8	Women	50 M	Fly
9	Men	50 M	Fly
10	Women	50 M	Breast
11	Men	50 M	Breast
12	Mixed	100 M	Back
13	Mixed	400 M	IFree

Session 2 - After 10-minute break

Meet Session is estimated to end at 7:30 PM

#	Sex	Event		
14	Mixed	200	M	Free Relay
15	Women	200	M	Free Relay
16	Men	200	M	Free Relay
17	Mixed	200	M	Medley
				Relay
18	Women	200	M	Medley
				Relay
19	Men	200	M	Medley
				Relay
20	Mixed	200	M	IM
21	Women	50	M	Free
22	Men	50	M	Free
23	Mixed	200	M	Back
24	Mixed	100	M	Fly
25	Mixed	200	M	Breast
26	Mixed	800	M	Free Relay

#	Sex	Event	
27	Women	800 M	Free Relay
28	Men	800 M	Free Relay

Note: If paying by credit card, your credit card statement will reflect a charge from "GERMANTOWNMASTERSSWIM."