

Championship

Committee Members

Jim Clemmons, Chair; Erin Moro, Vice Chair

Barry Fasbender, Ken Halbrecht, Robert Heath, Linda Irish Bostic, Cheryl Kupan, Mark Moore, Sandi Rousseau, Ed Saltzman, Jeff Strahota, Jeff Roddin, Pete Tarnapoll, Natalie Taylor, Charlie Tupitza, Jillian Wilkins.

Ex-Officio: Ali Hall (Ex-O), Jay Eckert (USMS Staff), Peter Guadagni (Exec Com)

Introduction

Our mission is to serve in an advisory capacity to national championship hosts and make recommendations and decisions that enhance the quality of championship meets for all registered U.S. Masters Swimming members; to actively solicit and receive bid proposals, review bids and select the sites for national championship meets; and support marketing opportunities for U.S. Masters Swimming Corporate Partners.

Discussions and Projects Since Last Convention

1. Established Local and Regional Club classifications for 2019 USMS clubs
2. With assistance from the National Office, produced NQT Standards file for meet operations use at 2019 Nationals and made available to local meet directors
3. Interviewed three bid proposals to host 2021 Spring Nationals; tentatively awarded meet to one of the bidders
4. Interviewed three bid proposals to host 2021 Summer Nationals; tentatively awarded meet to one of the bidders
5. Developed and implemented Order of Events for Summer Nationals
6. Approved final seeding options for Summer Nationals after close of entries
7. Submitted two proposed Rules changes to Article 104
8. Discussed and implemented meet program size options
9. Tested meet program delivery options for participants – opt in (Mesa) versus opt out (Mission Viejo)
10. Discussed moving parts of Rules 104 to Policy
11. Supported relatively successful events at both Spring (Mesa) and Summer Nationals (Mission Viejo)
12. Working with Nat'l Office on 50th Anniversary celebration at 2020 events
13. Assigned meet liaisons to San Antonio and Richmond

Action Items

1. 2020 and 2021 Nationals: assist NO with NQT's, assign order of events; approve awards, update meet directors guide with 2019 data
2. 2021 Spring and Summer Contracts finalization and execution
3. Work with and support 2021 hosts in attending 2020 events for familiarization

USMS Committee Reports and Agendas

Agenda (Meeting 1) Thursday 3:15-4:15pm, Regency B

1. Approve Minutes from last meeting(s) as required.
2. Recap/debrief 2019 Spring Nationals (Mesa)
3. Recap/debrief 2019 Summer Nationals (Mission Viejo)
4. Review/discuss 2020 Nationals
 - A. 2020 Spring Nationals (San Antonio, April 23-26)
 1. Logo/awards
 2. Order of Events status
 - B. 2020 Summer Nationals (Richmond, August 12-16)
 1. Logo/awards
 2. Order of events status
5. Review/discuss any proposed Legislation/Rules changes that may affect the Championship Committee (Articles 103/104)
6. Proposed National Committee Structure discussion (special guest)

Agenda (Meeting 2) Friday 8:00-9:30am, Regency B

1. Certify three Spring bids and three Summer bids as meeting the bid standards from conference calls during selection process
2. 2021 Spring National Championship bids; Greensboro, Bryan College Station, Federal Way
3. 2021 Summer National Championship bids; Spire Institute, N. Charleston, Sarasota
4. Nationals procedures/activities
 - A. Online check in system changes/results
 - B. Foreign coaches, not USMS certified – hospitality considerations
 - C. Relay entry deadline – discuss possible deadline move to 0700 day of competition? CA claims to be good with it and encourages the change. May need rule change “day prior”
 - D. Spring (Mesa)
 1. Program changes
 2. Opt in option for program
 - E. Summer (Mission Viejo)
 1. Deck seeding by time, genders separate
 2. 6th event allowed to swim but 200’s not by age group
 3. Opt out option for program
 - F. Warm up periods
 1. Spring – devoted one pool during 30 min breaks to Salmon run experience for practicing starts
 2. Summer – no practice of starts during the one 30 minute break due to set up time and number of lanes

USMS Committee Reports and Agendas

5. Goals/tasks for 2020

- A. Continue to consider removing appropriate items from Rules 104 and shift to policy doc. Establish procedures for ownership, approvals, frequency of review and updating
- B. Determine whether to use opt in or opt out policy consistently for meet program distribution
- C. Coordinate 2021 event hosts attendance at 2020 events
- D. Continue to evaluate NQT policy
- E. 2022 events; seek bids, evaluate and award

Meeting #1: Thursday, 3:15pm-4:15pm, Regency B

Meeting #2: Friday, 8:00am-9:30am, Regency B

USMS Committee Reports and Agendas

Coaches

Committee Members

Bob Jennings, Chair; Kenny Brisbin, Vice Chair

Scott Bay, Chris Campbell, Davis Clark, Doug Fetchen, Dean Hawks, Terry Heggy, Molly Hoover, Christine Maki, Chris McPherson, Helen Naylor, Kerry O'Brien, Jeff Taylor, Trey Taylor, Skip Thompson, Tim Waud, Steve Weatherman

Ex-Officio: [Bill Brenner, Marianne Groenings, Steve Hall

Introduction

The Coaches Committee continued to provide safety and educational opportunities for swimmers and coaches through their work with the National Office, National Coaching Clinic, High Performance Camp, Web Workouts, On Line Coaching, and Nationals.

Discussions and Projects Since Last Convention

1. 2019 FINA World Masters Championships in Gwangju, South Korea (August 5 to 18). A Coach/Team manager was selected and a Facebook page was created to help the individuals participating in the competition.
2. High Performance Camp – Greensboro, North Carolina. August 24 to 29. Trey Taylor is the head coach.
3. National Coaching Clinic – College Park, Maryland, October 18 to 21, 2018
4. Awards – A subcommittee reviewed and selected the winners from the nominations for the Kerry O'Brien Award and the Coach of the Year Award.
5. LMSC Communications – Committee meeting minutes have been sent out to LMSC Coaches Chairs
6. Level 4 Coaching – A subcommittee has been working with this year's applicant.
7. Mentor Program – The subcommittee has been working very closely with the National Office in preparation of getting this program off the ground.
8. On Deck Coaching – Sign up Genius was used again as our method for coaches to sign up to supervise warm up sessions at the Spring and Summer Nationals. Sign up genius will also be used for coaches to sign up for morning workouts at convention
9. Online Coaching – The selection of Online Coaches was completed on time and the workouts continue to be available on the USMS website.
10. Open Water – The subcommittee has been working with the USMS Open Water Committee on an open water clinic in Knoxville, Tennessee this fall.
11. Publications - The subcommittee has been working with the National Office creating articles and has reviewed comments from certification classes and the N.C.C. for ideas for new articles.

USMS Committee Reports and Agendas

Action Items

1. Continue to provide On Line workouts and On Deck Coaching for warm ups and workouts at convention.
2. Continue working to launch the mentor program.
3. Select a coach for the 2020 Pan American Games in Columbia, South America.
4. Start preparing for the 2020 National Coaching Clinic

Agenda

1. Welcome
2. Introduce the committee
3. Subcommittee summaries (2019 World Championship, High Performance Camp, National Coaching Clinic, awards, LMSC Communication, Level 4 Coaching, Mentor Program, On Deck Coaching, On Line Coaching, Open Water, and Publications
4. Action items for next year

Meeting #1: Thursday, 11:30 -12:30pm, Regency E

Diversity and Inclusion

Committee Members

Sarah Welch, Chair; Diana Triana, Vice Chair

Carol Nip, Leslie Scott, Ally Segal, Jeff Commings, Janelle Munson-McGee, Donita Flecker, Tim Murphy, Virgil Chancy, Mike Malik, Martha Fowler

Ex-Officio: Skip Thompson, Vice President, Community Services. National Office Ex-Officio: Onshalee Promchitmart, Jessica Reilly, Daniel Pauling.

Introduction: The HOD authorized the creation of the Diversity and Inclusion Committee at the 2018 Convention, following three years of groundwork by the Diversity Task Force under the Board of Directors. In its inaugural year, the Diversity and Inclusion Committee built upon the plan the Task Force had developed focusing on key areas that will provide resources for Coaches, LMSC Leadership and volunteers.

Discussions and Projects Since Last Convention

1. Coach Level 1 and 2 Curriculum: Lead by Diana Triana and her team, the Diversity and Inclusion Committee gave input to Club and Coach Development to create a new module to introduce Diversity and Inclusion. The curriculum module is available online for participants to read prior to the training and a Q and A/discussion offered during the Level 1/2 course. Kudos to Diana and to Bill Brenner at the National Office for initiating this module.
2. Coach Interviews: The Committee initiated coach interviews following a survey in 2018 of USMS coaches to which more than 300 responded. The survey helped identify coaches who were working with a relatively diverse group of swimmers. Beginning in 2018 and continuing in 2019 Committee members interviewed coaches to learn 'best practices' and challenges they experience with their programs. The coaches also offered to be a resource to others who want to follow up on their experiences. The Committee will offer these interviews as resources. This working group is headed by Jeff Commings with Carol Nip, Donita Flecker, and Leslie Scott as members.
3. Best Practices: The Committee has identified a number of ideas and best practices to be shared as resources for Coaches and LMSC leaders. This group is writing up these best practices to be shared through Streamlines and the USMS website for volunteers to adapt for their local programs and clubs. This group is led by Diana, Triana with Janelle Munson-McGee, Tim Murphy, Mike Malik as members
4. Strategic Plan Update: Building from the Strategic Plan developed for the Diversity Task Force, this working group projected three years of activities for the Committee. The plan update is framed around three elements: Collect Data, Organize Data and Develop Resources/Share Data and Resources. The Committee is scheduled to approve this plan at our meeting at Convention.

Action Items

1. Approved Minutes (January, March, April, May, June, July, etc).

USMS Committee Reports and Agendas

Agenda

1. Welcome and Announcements
2. Approve Minutes of September meeting
3. Report and discussion: Best Practices Group (Diana)
4. Report and discussion Coach Interviews (Jeff)
5. Report, discussion and approval, Diversity and Inclusion Strategic Plan 2019-2021
6. Update Diversity and Inclusion Workshop at Convention
Announcements

Meeting #1: Friday, 10:45am-11:45am, Regency B

History and Archives

Committee Members

Barbara Dunbar (San Diego-Imperial LMSC), Chair

Meegan Wilson (Florida LMSC), Vice Chair

Maryanne Barkley (Ozark), Marcia Benjamin (Pacific), Ashley Braniecki (Lake Erie), Kirk Clear (Virginia), Kathy Gallagher (Arizona), Anna Lea Matysek (Florida), Walt Reid (Pacific Northwest), Gail Roper (Pacific), Jayne Saint-Amour (Metropolitan), Rick Schumacher (Southeastern), Ann Svenson (Adirondak), Sandy Thatcher (North Texas)

Ex Officio from the Executive Committee: Christopher Colburn, Ex Officio from National Office: Onshalee Promchitmart, Daniel Paulling

Introduction

The History and Archives Committee records, collects, and preserves documents, stories, photos, exhibits, oral histories, and other memorabilia in an appropriate repository and in durable formats to ensure that the achievements of USMS and Masters swimmers will be maintained for posterity. The archived information shall be made available. The committee consists of the committee chair and sufficient members to execute the committee function.

Thank you to the History and Archives Committee members for superb efforts and accomplishments since last convention and for working many, many volunteer hours. I am privileged to work with dedicated committee members.

History and Archives Active Projects and Progress

1. Relay Top 10s are being converted by year and course from paper hard copies into digital files for ID assignment and upload to the USMS Top 10 Relay database by committee members and by Mary Beth Windrath and Walt Reid. The Relay Top 10 Project requires transcribing Relay Top 10 data (names, times, ages, club, and LMSC) into a template for each year and course missing from the online database; proofing; researching and adding missing first names; and adding permanent IDs. The template is uploaded into the Relay Top 10 database. Data for 15 SCY years (1973-1987), 17 LCM years (1972-1987), and 11 SCM years (1986-1996) remain to be completed. Recently, Mary Beth and Walt finished the conversion of several Relay Top 10s, and Mary Beth upload the 1988 LCM, 1989 LCM, and 1997 SCM Relay Top 10s into the USMS Top 10 Relay database. Five other courses have been converted and are being proofed and having first names and permanent IDs added before being uploaded. This difficult project requires patience, careful transcription, and time-consuming research to locate first names and permanent IDs for each relay member and to correct spelling errors. A special thank you to the dedicated committee members who have been involved with this project. Many USMS member swimmers are grateful to finally see their relay accomplishments and times. Many have expressed their thanks.
2. The H&A USMS History Project involves locating, scanning, indexing, and archiving USMS documents and photos (convention, founding, committee, registration, and other).

USMS Committee Reports and Agendas

National publications, historical photos, and numerous other USMS documents are being collected, preserved, archived, and made available to members for viewing online. Many people have been involved in locating these documents and old photos.

3. 1974-1997 Open Water and Long Distance National Championship results are being located, scanned, indexed, and uploaded onto the USMS website.
4. Missing National Record dates are researched, located, and added to the list of USMS Chronological National Records for the Records Chronology Project.
5. Other History and Archives projects include correcting online Top 10 and All American errors (swimmer IDs, clubs, and LMSC affiliations), adding dates of death/birth to registration files, updating and editing swimmer biographies, scanning and uploading more legible or complete versions of AAU Masters and USMS National Championship Results, and locating other important documents.
6. USMS current or former members with multiple permanent Swimmer IDs have been reported. IDs are merged into a single ID. Issues with the format of new permanent IDs and use of previously prohibited letters are being reviewed.
7. Additional Olympians and Olympic event information have been added to the “Olympians who are USMS members” list at <http://www.usms.org/hist/oly/>.
8. Swimmer Stories navigation problems and unviewable title need to be resolved.
9. A complete index of 181 *Swim-Master* content was created and posted, and more legible copies are being located (see <http://www.usms.org/content/swimmaster>).
10. The USMS registration database is updated as deceased members and death dates are identified or as Top 10 swimmers are identified and assigned a permanent ID.
11. Fact-checking, registration file conversion, identifying swimmers on the 1970-1992 USMS Top 10 lists without assigned IDs, and other H&A projects continue.

Action Items

1. Reevaluate and prioritize various History and Archives committee projects.

Agenda

1. Call History and Archives Meeting to Order.
2. Roll Call – Committee members and ex officio.
3. Introduce and welcome new delegates.
4. Review the status of the primary History and Archives projects.
5. Action Item – Reevaluate and prioritize History and Archives projects.
6. Discuss communications, workloads, projects, and timelines.
7. Other
8. Adjourn

Meeting #1: Thursday, 2:00pm-3:00pm, Sterling Studio 3

USMS Committee Reports and Agendas

Fitness Education

Committee Members

Mary Jurey, Chair; Brian Cummings, Vice Chair

AJ Block, Brigid Bunch, Anita Cole, Emily Cook, Mary Jo Driscoll, Chip Glidden, Ann Marshfield, David Morrill, Cynthia Myer, Robert Perkins, Andy Seibt, Skip Thompson (EC), Lisa Ward, Lisa Watson, Karin Wegner

Ex-Officio: Bill Brenner, Jay Eckert

Introduction

The Fitness Education Committee continues to support the National Office in the second year of the Fitness Challenge Series. In addition, we are looking to increase the USMS membership base through presenting swimming as an attractive and easy method for maintaining fitness and health.

Discussions and Projects Since Last Convention

1. Pushing more engagement in the Fitness Series on a local level
2. Encouraging committee members to be Fitness Series ambassadors
3. Implementing marketing ideas in support of the National Office

Action Items

1. Establish guidelines and mandates for going forward
2. Begin to discuss the assimilation of the Fitness Ed. Comm and Sports Medicine

Agenda

1. Discuss general overall establishment of USMS as a hip / modern/ fun/ attractive option for health and fitness. Steps for how to do this:
2. Create concrete and measurable goals. (New membership, active membership engagement.)
3. Incorporate video and better storytelling as to why Masters Swimming.
4. Enact a 60 Day challenge with before and after results, to show benefits of swimming.
5. Create posters and flyers that can be disseminated at pools and clubs/ fitness centers to attract people to Masters Swimming.
6. Discuss benefits of combining with Sports Medicine to achieve the above.
7. Focus on how to highlight the social and friendship aspect of swimming in an organized group.
8. Create a way to aggregate Fitness Events on the USMS website.

Meeting #1: Thursday, 2:00pm-3:00pm, Regency E

Legislation

Committee Members

Richard Garza, Chair; Brian Albright, Vice Chair

Joan Campbell, Leianne Crittenden, Stephanie Gauzens, Heather Hagadorn, Bruce Hopson, Michelle Jacobs- Brown, Kristof Kertesz, Jane Moore, Steve Peterson, Meg Smath, Patrick Weiss.

Ex-Officio: Charles Cockrell, Maria Elias, Onshalee Promchitmart, Jessica Reilly

EC: Peter Guadagni

Interpretations

Question: Can a Dual Sanctioned meet be Sanctioned by USA Swimming, and Recognized by USMS? Response: No.

Question: Does the 60 day rule measure to the first date of a meet, or the last date of the meet, or to the date that the swim is completed? Response: 201.3.5 page 57. "A swimmer shall not represent any club in competition for 60 consecutive days before transferring affiliation to another club..." This means that you could transfer affiliation on the 61st day.

Question: Is there anything preventing USMS members or entities from hosting a recognized event where non members and members not on the same club compete on the same relay.

Response: There is nothing in Article 202 preventing this, but I would make sure that non-conforming events are highlighted in the meet announcement. 202.1.1.G.1 would mean the entire meet would not receive a sanction. Not just the one event."

Question: Can an event be sanctioned and added to the calendar, but only open to specific teams i.e. it's a dual meet they want sanctioned, but only open to the 2 teams. Response 401.2.2 allows this.

Question: Our current Zone Chair has been in that position since 2006. I believe that position is term-limited and the current Chair has to step-down. What is your understanding of this rule and its applicability in this situation? Response: "After debate, it is the Legislation Committee's interpretation that 503.3.4 is in effect. The Zone Chair is ineligible for another term."

Meetings

In January, we had an introduction call to get to know each other a little bit better. Learning about how we got involved in swimming, hidden talents, and other accomplishments outside of swimming.

In February, everyone responded to a Doodle Pool, and in March, we established a monthly schedule for calls and agreed on the first Sunday of the month at 6:00 pm Eastern beginning in April.

USMS Committee Reports and Agendas

April Call - Decide which items we, as a committee, will present to the HOD. April - Discuss wording, finalizing proposals to the HOD from Legislation on the forums. May Call - Vote on proposals to the HOD from Legislation. May - Post proposals that come in from LMSC's and other Committees on our forum for discussion. June Call - Go over proposals submitted to the Legislation Committee. June - Discuss proposals on forums. July Call - Vote on most controversial proposals first, and easier one's last. July - Further discussion on proposals in forums if needed. August Call - Final Vote on all proposals, especially if we didn't finish in July. By August 10th - Submit final recommendations to the HOD. September Call - Open up the call to USMS members and delegates, providing an opportunity to ask the Legislation committee questions about our recommendations.

Agendas September 11-15 – Convention

Should any of the proposals require further discussion, or if anyone from the audience would like to ask the committee a question. We will cover the following proposals during each meeting.

Legislation Meeting #1 On June 20 the USOC officially changed their name to United States Olympic & Paralympic Committee (USOPC). Our references to USOC should be changed to USOPC in L7 and everywhere else in the rule book. Also, L8, L10, L13, and L1&L12 together.

Legislation Meeting #2 L2, L3, L4, L5, L6, L9, L11, L12, and HK1

Meeting #1: Thursday, 2:00pm-3:00pm, Regency C & D

Meeting #1: Friday, 9:30am-10:30am, Regency A

LMSC Development

Committee Members

Michael Moore, Chair; Lisa Brown, Vice Chair

Stacy Abrams, Marcia Anziano, Lisa Brown, Michael Carlson, Linda Chapman, Sally Dillon, Mollie Grover, Sally Guthrie, Mary Hull, Andrew Le Vasseur, Chrystie McGrail, Hugh Moore, Aaron Norton, Bruce Rollins, CJ Rushman, Ed Saltzman

Ex-Officio: Chris Colburn, VPLO

Introduction

The LMSC Development Committee is responsible for managing LMSC and zone boundaries, managing the LMSC standards policy and working with the Vice President of Local Operations to conduct and communicate an annual standards report for each LMSC. The committee fosters communication across all LMSCs and LMSC volunteer roles by providing:

1. Peer-to-peer tele-conferences for interactive discussion of issues
2. Outreach and mentoring through the zone chairs
3. Educational seminars and workshops on selected topics
4. Recommended “best” practices.

Discussions and Projects Since Last Convention

1. LMSC Standards– Surveyed 52 LMSC Chairs and 52 LMSC Treasurers. Some of the results were from the national office. The full results will be discussed at the LMSC Committee meeting

Standards:

1. The results were given to the Vice President of Local Operations Chris Colburn. There were eighteen LMSCs that achieved full compliance with all mandatory and target Standards. There were ten LMSCs that met all mandatory LMSC standards. Overall, LMSCs did better in 2018 than in 2017. Chris partnered with the zone chairs to work through the remediation process with the LMSCs that did not achieve compliance with all mandatory standards.

https://www.usms.org/-/media/usms/PDFs/Guide%20To%20Operations%20-%20GTO/LMSC%20Management/LMSC%20Standards%20Cycle/2019/2019_standards_cycle

The committee made recommendations to the Board of Directors about eliminating three of the standards as technology has made them redundant.

2. Peer to Peer Teleconferences: The Peer to Peer conferences are generally scheduled on the second Tuesday of the month. The mentoring subcommittee provides opportunities each year for various LMSC volunteers to chat in a facilitated call about hot topics, areas of concern or best-

USMS Committee Reports and Agendas

known methods for getting LMSC work done. Since last convention we have held P2Ps for the following roles: Coaches, Registrars, Officials, Treasurers, Adult Learn to Swim, Open Water, Service Animals, Conflict of Interest and LMSC Officer succession. In October and November we plan to have P2P on Tips/Tricks for new clubs and Hosting a swim meet. Audio files and notes are available on the USMS website and can be downloaded.

Leadership Summit: The LMSC Development Committee hosted the Leadership Conference the beginning of March this year. Over 50 members from LMSC leadership attended. Topics included “Getting your non-competitive wetter;” “A report from the Volunteer Task Force;” “Marketing outside the U.S. Masters Walls;” and “Sucession Planning.” Mark Modjeska of Arizona Masters was our Keynote speaker

Thanks to Lisa Brown, CJ Rushman, Stacy Abrams, Mary Hull and Chris Coburn for their hard work in helping to create the summit. Files from the summit are posted on the USMS website and can be download for all to read.

3. **Workshops:** The LMSC Development Committee works with the Executive Committee in planning workshops for convention. This year there are six workshops that will be presented at convention

Securing Officials in your LMSC with Teri White;
Registrar as Membership Coordinator and the new Volunteer Coordinator Role members of the Volunteers Task Force (VTF)

The Combined Sanctions/Top Ten Role, VTF;

Proposed National Committee Structure with Members of the VTF;

Diversity and Inclusion Committee Workshop Diversity Committee (Sarah Welch, organizer);

Fundraising for SSL in Your Area With Jay deFinis

4. **Boundaries:** Under USMS Rule Book 507.1.6 “The committee may initiate and shall receive, consider, and report proposed amendments to Appendix D: Zone and LMSC Boundaries, . . .” This year there were no requests for boundary changes this year.

Action Items

1. Reevaluate and prioritize various LMSC Development committee projects.

LMSC Development Committee Meeting Agenda

1. Introductions
2. Approve July meeting minutes and/or review offline decisions
3. LMSC Standards survey and results
4. Define scope of LMSC Standards Performance Evaluation for 2020
5. Discuss recurring date/day for Peer to Peer Teleconferences
6. 2020 priorities

USMS Committee Reports and Agendas

7. Review action items
8. Adjourn

Meeting #1: Friday, 8:00-9:15am, Sterling Studio 9

Long Distance

Committee Members

Ali Hall, Chair; Phyllis Quinn, Vice Chair

David Brancamp, Robin Smith, Sarah King, Stephen Rouch, Alana Aubin, Catherine Rust, Jim Davidson, Sandra Frimerman-Bergquist, Joanne Wainwright, Matt Miller, Laurie Hug, Bob Singer, Lorena Sims

Ex-Officio: Bob Bruce; VP Donn Livoni

Introduction

Duties include: The Long Distance Committee shall oversee the rules and administration of open water and long distance events. The committee shall solicit and review bid proposals and select the sites for the long distance championship events. The committee shall work in a coordinating and advisory capacity with event hosts and make recommendations to enhance the quality of Long Distance championship events. The committee shall maintain records and select the Long Distance All-American and Long Distance All-Star Teams. The committee shall assure that the competitive rules in Part 3 of the USMS Rules and Regulations provide for fair and equitable competition in the best interests of all USMS members and that these members are informed of current rules, interpretations, and changes. The committee may initiate and shall accept, consider, and report proposed amendments, with the committee's recommendations, at the annual meeting of the House of Delegates, in accordance with the provisions of Part 6. When necessary, the committee shall interpret and render opinions regarding any provision of the rules and regulations of USMS within the committee's jurisdiction as defined in article 601.1

Discussions and Projects Since 2019 Convention

1. The LDC continues to update on rules in conjunction with the Open Water Committee.
2. The Chair and Vice-Chair have participated in several Open Water Task Force (OWTF) Strategies Conference Calls with the National Office staff. The committee has been updated as to the progress from these calls. One of the suggestions from the OWTF race director survey is the ability to open an event as early as November 1 when registration for next year is open. This has changed the timeline the LDC uses for OWNCs. The Chair has also assigned the Liaisons and back-ups for the 2020 events so work with the race directors who want to open early can begin. Liaisons are working with the hosts and connecting with the Documents working group to revise Championship Packets and Timelines accordingly.
3. The LDC has approved a new annual award. This recognition will be awarded to a USMS registered individual or group who has made significant contributions to the success and promotion of USMS Long Distance National Championship events. These events include five e-Postals and six Open Water events. The deadline for nominations was July 1. The committee has approved the actual award that will be presented during the 2019 convention and the National Office has favorably reviewed. The recipient has been selected by the working group and final details are being integrated.

USMS Committee Reports and Agendas

4. The Middle-Distance and the 2-Mile Cable Open Water NC have been completed. The Middle Distance OWNC was held at Lake Berryessa, CA. More than 350 swimmers completed the event. The 2-mile Cable swim was held in Eagle Creek Park, IN. Final results are now available on the USMS website. For the Cable event, the race host committee encountered significant weather-related challenges and did a good job navigating the changing conditions, to insure a safe and fair race. The Ultramarathon Distance OWNC in Portland, OR was successfully held and final results are also posted on the USMS site. The remaining 3 OWNC events will be held later in the summer after the due-date of this report. A clinic is associated with the Marathon Distance event in Knoxville, TN. The One Hour e-Postal is completed and final results have been posted. The 5K-10K ePostal events are open until September 15. The 3000y-6000y ePostal will start in September.
5. The Goals working group has researched the swimmers who have participated in all ePostal events for either 5 or 10 years, consecutively or not. There are two individuals who have completed all events in the 16-year history of ePostals. The LDC voted to recognize these two individuals and to seek collaboration with the National Office for an appropriate prize. The LDC also voted to send e-certificates to the 5- and 10-year participants, to conserve costs. The LDC will revisit the prize topic after Convention, for coming years. The group has developed a list of other swimmers and how many ePostal events they have completed, the Results working group will be maintaining and updating these records.
6. The Document work group has updated the LDC guidelines for the USMS web site. Other documents that the LDC uses have also been updated. The LDC has found it important to document the activities of the working group such as the PARA group, for succession planning. The Chair has also assigned back-ups to all key personnel to ensure continuing coverage encase a person needs to step down or is temporarily unavailable.
7. The Convention Presentation workgroup has prepared an offering for LDC Meeting 2, reviewing the various events, awards and recognitions available through LD NC participation. The workgroup will be making their summary available so that LMSCs and coaches can share in their communities.
8. The 2021 LD NC selection working group recruited bids, recommended a slate that was approved by the LDC and is now in the process of confirming with successful bidders. The slate contact information has been forwarded to the NO so that contracts can be prepared.
9. The LDC approved a policy to permit OWNC entry for full USMS members only for a period of two weeks prior to accepting entries from OEVT registrants. This policy is designed to encourage and prefer full membership; it will reduce the chances that OEVT entrants would occupy slots in events with capped entries and especially those events that are quickly capped.

USMS Committee Reports and Agendas

In December 2018, the LDC set the following general “High-Level Timeline Items by Month,” these items remain on the monthly agenda, as well as a listing of future conference call dates so that all LDC members remain consistently informed:

January:

New OWNC season registrations open
prepare bid letters and documents
initiate work on new goals

February:

send out bid letters and post documents
send out award nomination requests
begin to consider rules changes

March through May:

consider rules changes
begin recruiting bids
updates on LD NC events progress

June:

Prepare next year’s events
finalize rules proposals
finalize award nominations
finalize bid recruitment
thick of the competition season

July:

award working group meets
bid selection working group meets

August:

finalize all LDC details to prepare for convention

September:

Convention

October-December:

Request to post 2020 season details
Conclude remaining event details
Open registration for 2020 OWNCs that would like
Wrap-up year’s business

USMS Committee Reports and Agendas

Agenda

Long Distance Committee

The meeting was called to order at:

1. Welcome and roll call
2. Approval of any outstanding meeting minutes
3. Reports from the chair (Ali) and vice chair (Phyllis) and vice president (Donn)
4. Working groups – reports (please send your report to all in advance)
 - a. OWC Ex-Officio report: Jim
 - b. 2019 Rules/Legislation – Bob B/Jim; Donn, Lorena, Bob S., Robin, Matt, Stephen. All will be involved during the spring.
 - c. PARA – Jim and Sarah; Patches & Awards – Dave; All-Americans (AA) - Men – Lorena, Sandra; (AA) Women – Dave, Joanne; (AA) Relays – Phyllis, Dave; Records – Jill, Joanne, All-Stars – Laurie, Alana; Postal Series –Alana, Laurie.
 - d. Club Assistant – Lorena, & Stephen.
 - e. Safety (as needed) – David M., lead.
 - f. Documents – Matt, lead; & Bob S. (ePostal Guide – Matt, Bob S. & Jill. (OW Champs Guide – Matt & Bob S.
 - g. LDC Guidelines—Website Content Workgroup: Sarah, Bob S., Matt
 - h. 2021 NC Recruitment/Selection – Jill, lead; Robin, Matt, Stephen & Sandra
 - i. Communications — Laurie, lead; Matt.
 - j. NC Oversight - Ali, lead; Phyllis, Jim, Matt, David M.
 - k. Goals – Phyllis, lead; Lorena, Robin, Bob S., Matt, Catherine, Sandra and Joanne
 - l. LDNC Award – Jill, lead; Laurie, Catherine, Joanne, Dave, Ali
 - m. 2020 Clinic Outreach Group—Catherine, Dave, Alana
 - n. 2019 Convention Presentation Workgroup: Sarah, Dave, Jim, Matt
 - o. Other business for the good of the order

Meeting #1: Thursday, 3:15-4:15pm, Regency F

Meeting #2: Friday, 8:00-9:15am, Regency F

Officials

Committee Members

Teri White, Chair; Mike Abegg, Vice Chair

Jerrilynn Bayless, Omar de Armas, Alina de Armas, Judy Gillies, Steven Goldman, John King, Diana LaMar, Herb Schwab, Marie Vellucci, David Watterson

Ex-Officio: Donn Livoni-EC, Onshalee Promchitmart-USMS Staff

Introduction

The Officials Committee's purpose is to offer training and education opportunities for officials to ensure that USMS competitive meets are officiated to the highest standards.

Discussions and Projects Since Last Convention

1. **Officials certification program** –148 USMS Officials (16 Referees, 81 Starters, 51 Stroke & Turn) as of 7/29/19
2. **National Championship** meet support:
 - A. *College Club Swimming Championship, Columbus OH.* Jerrilyn and Teri worked as officials and recruited another USA official to help. New location for the meet, very light officiating support due to conflict with large meets in the area. Promoted the meet in emails to LMSC Officials Chairs and Peer-to-Peer call. Will continue efforts to generate officiating support for future meets. CCS Southeastern Regional Championship requested help finding officials and Steven Goldman was able to recruit and officiate at the meet.
 - B. *USMS Spring Nationals, Mesa AZ.* Committee members Teri White (Meet Referee), Alina de Armas (Administrative Referee), Herb Schwab (Meet Operations Manager), Diana LaMar, Omar de Armas, and Judy Gillies served as officials. 29 Officials total, 6 USMS-only officials who made a huge difference. Very low local support. USMS supported 10 officials (working 4+ days) at \$5,354.97, Pacific paid all expenses for 1 official, Pacific Northwest supported 5 officials with \$2,000. Without the non-local officials, the meet would not have been legal for **any session**. **Suggested that host be required to provide minimum number of officials per pool, per session, or provide hotel rooms for out-of-town officials who make up the difference.** Meet ran exceptionally well with no relay sign-in issues seen in Indianapolis. Heat was an issue for all days (98-101), but no heat-injuries reported. Started at 7:30 to help avoid the hottest part of the day.
 - C. *USMS Summer Nationals, Mission Viejo, CA Aug 7-11.* Committee members Omar de Armas (Meet Referee), Alina de Armas (Administrative Referee), Herb Schwab (Meet Operations Manager) will support. Officials applications underway and response is positive.
3. **2019 FINA World Masters in Gwanju** Aug 9-18, USMS official, Teri White, selected to officiate.
4. **USMS Service Award for Officials** for 2019 has been selected and will be presented at Convention.

USMS Committee Reports and Agendas

5. **USMS website content for officials** under continued review. Listing of all certified USMS officials now available for Meet Directors, etc.
6. **Open Water/USMS combined Officials Certification card** discussion continues. Path to OW certification now on the Officials page for easy access.

Action Items

Agenda

1. Approve minutes from last conference call
2. Update on USMS Officials Certification program
3. Update on USMS Service Award for Officials
4. Update on USMS Summer Nationals in Mission Viejo
5. Discuss goals/projects for the committee in 2019:
 - * Update on 2019 FINA World Masters in Gwanju, Korea
 - * Update officials resources on USMS site, revisions, deletions and new materials
 - * Identify any potential rule changes involving officials
 - * National Championship meet support for 2019/2020
 - * Combined certification card with Open Water

Meeting #1: Thursday, 2:00-3:00pm, Regency F

Open Water

Committee Members:

Chair: Bob Bruce

Vice Chair: Karen LeFebre

Voting Members: Denise Brown, Becky Cleavenger, Kim Elsbach, Rory Grigull, Lynn Hazlewood, Eric Hektner, Jenny Hodges, Mark Johnston, James Kennedy, Bob Kolonkowski, Peter Lee, Joe Linford, Andrew Magazine, Helen Naylor, Will Reeves.

Ex-Officio/Associate Members: Bill Brenner, Jay Eckert, Ali Hall, Donn Livoni, & David Miner.

Introduction & Overview:

The Open Water Committee (OWC) is charged under 507.1.9. The OWC meets monthly by phone conference (six meetings since this version of the OWC was convened) to pursue that charge, with very good participation moving forward this year.

Discussion and Projects since the 2018 Convention:

- Open Water Development & Promotion: The OWC has a large subcommittee working on this primary function. They have compiled a long list of development & promotional topics and is now working on strategies to implement them. The work of this subcommittee dovetails well with the work of the Open Water Strategic Task Force (see below).
- Rules & Legislation (jointly with the Long Distance Committee): The OWC is letting the LDC handle the majority of rules & legislation work this year as a result, the OWC has done little work in this area this year.
- Open Water Guide to Operations: The OWC continually updates the OWGTO (as charged under 301.2) on the USMS website as needed. Work this year has included a new outline of the OWGTO and a good amount of rewriting of the various parts to make the OWGTO a more streamlined and user-friendly construct. We hope to complete this reworking of the OWGTO for the 2020 open water season.
- Safety Education: This subcommittee constantly reviews all matters involving safety at USMS open water events. They continue to compile safety information from other agencies and groups involved with open water with an eye to ensuring that the OWC & USMS maintain the overall safety standard of care.
- Officials:
 - Safety Director & Referee: The OWC oversees the materials and program used to certify safety directors and open water referees, positions created in 2016 and 2016 respectively. This training and testing program continues to be run well by USMS Safety Compliance officer David Miner as a part of the sanction process and plays a major role in providing better safety at USMS open water events. The OWC is working on the recertification process, due to begin in 2020.
 - Other officials: The OWC is developing descriptions for officials other than the “big three” of event director, safety director, and referee. This document is a work in progress.

USMS Committee Reports and Agendas

- Event management: The OWC is preparing material for seamless presentation of events and to develop the training a course on event development & management for Event Hosts/Event Directors. This is a large project, and the primary document is in first draft phase. We hope to implement this course next year (see budget request), but the OWC still must fine-tune the scope and presentation of this training before we roll it out.
- Awards: The OWC has advertised for nominees for the Open Water Service Award, its annual major award, and has received several nominations so far.
- Open Water Swim Training: This subcommittee has done a huge amount of work gathering materials for coaches to prepare swimmers for open water swims, doing its best to identify and annotate many resources already present online.
- Budget: Other than the expense of committee calls, the OWC has not incurred any expenses. I have attached a budget request for 2020 below.
- Open Water Strategic Task Force: One reason that I agreed to chair the OWC this year was the opportunity to participate in the OWSTF, and I have been impressed by its scope of working on many different initiatives which, collectively, will move our sport forward. Because this task force does much work above the charge of the OWC, it has enhanced many of our own internal projects and has moved beyond much that the OWC can accomplish. Although little has been implemented for this year (no surprise), I look forward to a giant step forward in USMS open water programming in 2020.
- Succession: After a false start last year, I have announced that I will retire from my four-year run as OWC Chair, effective January 1, 2020. If the committees will have me in a support role, I hope to devote my USMS national-level volunteer time to working on specific projects rather than serving as ringmaster.

Agenda for the OWC Meeting at the USAS Convention

1. Opening: Attendance, review of previous minutes
2. Standard business:
 - a) Rules & legislation review, as needed
 - b) OW Guide to Operations update
 - c) Education & officials program update
 - d) Awards update
 - e) Safety & sanction update
3. Open discussion: Development & promotion of open water events for 2020, particularly referring to the work of the Open Water Strategic Task Force.
4. Other/New Business
5. Closing

Budget: The OWC requests \$10,000 for an Event Management Workshop.

Meeting #1: Thursday, 11:30am- 12:30pm, Regency C&D

Recognition and Awards

Committee Members

Megan Lassen, Chair; Ray Novitske, Vice Chair

Charis Anderson McCarthy, Marcia Benjamin, Carolyn Boak, Ashley Braniecki, Richard Burns, Nadine Day, Sally Dillon, Dawn-Ann Dykes, Cathy Hallman-Kenner, Christine Maki, Sonny Nguyen, Elizabeth Nymeyer, Lori Payne, Ginger Pierson, Nancy Ridout, Laura Val.

Ex-Officio: Chris Colburn, Jessica Reilly, Onshalee Promchimart

Introduction

The Recognition and Awards Committee oversees all US Masters Swimming volunteer service awards, even though some awards are selected by other committees. The committee receives nominations and selects recipients for the Ransom J. Arthur MD, Dorothy Donnelly Service, June Krauser Communications, and the Club of the Year awards. The committee membership includes representation from past Ransom J. Arthur Award recipients, and several representatives from other committees that present national service awards.

Discussions and Projects Since Last Convention

The committee held conference calls in January, March, July, and August. The meeting minutes are posted on the USMS website.

1. The 2019 Captain Ransom J. Arthur MD Award was presented to Jeff Roddin. This year there were eight nominees and 41 eligible members that voted. Patty Miller presented the award at the Spring National Championship meet. Because there was no video screen at the meet facility, Nadine Day arranged for numerous flyers to be posted announcing the award. Sandi Rousseau assisted with the distribution of the flyers. The press release and announcement of the award was not in a prominent place on the USMS web site. Most everyone who saw it, including the recipient, reported having difficulty locating it.

Committee Service Awards

- 1) Club of the Year: Laura Val reported that three nominations were received for the Local division and a unanimous decision has been made. Laura suggested some edits to the nomination form to make it easier for comparison. The Club of the Year award will be added to the list of “revisions” that will need to be done before next year.
- 2) June Krauser Communications Award: Nancy Ridout reported that her committee responded quickly and made an informed selection. There were three nominations and all were outstanding; representing different aspects of communications. Nancy noted that the changes made to the nomination form last year made a big difference this year. There were no re-submissions from last year.
- 3) Dorothy Donnelly Service Award: Megan Lassen, Ray Novitske, and USMS President Patty Miller comprise the selection committee. There were only 13 nominations put forward this year, so it was discussed that we will need to work to seek more nominations in 2020.

USMS Committee Reports and Agendas

- 4) The R&A committee approved the Long Distance Committee's request to create a Long Distance award. The LDC promoted and uploaded it to the awards page and have chosen a first recipient.
- 5) The website was updated to reflect the name change of the Masters Hall of Fame. IMSHOF was changed to the new, MISHOF.
- 6) A reminder of deadlines for service awards nominations was placed in *SWIMMER Magazine* as well as *Streamlines*.
- 7) The committee was unable to make a nomination or suggestion for MISHOF this year, as the deadline had changed by several months without notice to our committee. We have plans to put forth a nomination in 2020.

Convention Agenda

1. Chair's Report
2. Budget review for past year and for 2020
3. Reports on annual projects
 - a. Capt. Ransom J Arthur MD Award
 - b. Dorothy Donnelly Service Award
 - c. June Krauser Communications Award
 - d. Club of the Year Award
 - e. MISHOF
4. Reports of 2019 projects and their continuance into 2020
 - a. Recognition at the local level with Hashtag plan
 - b. Service award nomination forms and materials
 - c. Award Web page bios
5. New Business
 - a. Review of nomination forms and materials for Club of the Year award
 - b. Seek and increase nominations, provide guidance to those who have already submitted unchosen nominations.
 - c. Replace Volunteer store with a newsletter for local recognition, and utilizing #Hashtag program

Meeting #1: Thursday, 11:30am- 12:30pm, Regency F

Records and Tabulation

Committee Members

MJ Caswell, Chair; Jeanne Seidler, Vice Chair

Stacey Eicks, Cheryl Gettelfinger, Walt Reid, Mary Sweat, David Johannsen, Carolyn Moore, Laura Wright

Ex-Officio: Steve Hall (USMS Office), Jessica Reilly (USMS Office), Mary Beth Windrath (National Swims Administrator-USMS Office)

EC: Chris Colburn (VP of Local Operations)

Introduction

The Records and Tabulation Committee is responsible for the process of recording and verifying Top 10 times, All-American and All-Star rosters, and USMS national records for all three courses. In addition to a chair and vice-chair, the committee includes the National Swims Administrator, who collects, verifies and compiles Top 10 submissions from the LMSCs, and also receives and verifies record applications and maintains the USMS records. The pool measurement process is within the domain of the committee. The committee maintains the USMS List of Measured Pools. The committee works with the LMSC Top Ten Recorders to use the Top 10 Tools for meet uploading to the Event Results Database.

The committee works closely with the USMS office for the online publication of lists, rosters and records, and to simplify and automate the compilation and verification of all swim performances in pools measured as per USMS pool measurement rules.

Discussions and Projects Since Last Convention

1. For the past year, the National Swims Administrator continued the customary roles of verifying, compiling and publishing USMS Records and Top 10 Swims along with maintaining the USMS List of Measured Pools. The committee chair uploaded the list of Top 10 swims and All-Americans on the USMS website. Mary Sweat provided volunteer assistance for the Top 10 processing as she has done in the past.
2. Committee business was taken up during two conference calls and electronically through email and the secure Records and Tabulation USMS Administrative Forum defined for this business purpose
3. The USMS List of Measured Pools has been kept up to date with pool measurement documents provided by LMSC Top Ten Recorders. The USMS List is a comprehensive reference of all pools which have been measured for USMS competition. This effort continues as an on-going process. There has been a project on the projects list to provide a database for pool measurements to replace the Excel spreadsheet version but the project has no priority.
4. Numerous inquiries were made to the committee, mostly to the Chair and National Top Ten Administrator regarding various questions related to Top Ten, pool measurement, availability of Top Ten times, and split request listings in the Event Results Database (ERDB). The bulk of the work of this committee actually goes on behind the scenes

USMS Committee Reports and Agendas

without a lot of committee interaction. Swimmers in the LMSCs are helpful in reporting potential errors in the meet results uploaded to the ERDB. With the rollout of the new website, the “Contact Us” webpage changed such that the RT Chair and also the Top 10/Records e-mails are no longer listed. That really cut down the volume of inquiries made to this committee by USMS members.

5. One Proposal has been submitted to the BOD in 2018 to add a form to Appendix B of the Rule Book. The form supports the requirement in 202.2 of the Rule Book pertaining to the USMS observer at recognized meets. The observer must verify “... in writing that the conduct of the competition conforms to the relevant USMS swimming rules and administrative regulations.” This form provides the checklist and a signature space for the USMS observer. The rules committee has gone over the wording of this document and approved its’ inclusion in the 2020 rule book.
6. We formed a subcommittee to work on updating the GTO as it relates to Top 10 recorders. With the website update, most of the files are out of date. This is an ongoing project. The Top 10 Recorders FAQ has been updated by Mary Beth Windrath
7. The committee worked on succession planning for key roles and have created documentation for the steps taken to process the top 10 files and put them on the USMS website as well creating the All American and All Stars listings for the USMS website.

Action Items

1. Get the GTO completely up to date.

Agenda

1. Introductions.
2. Summarize change in the past year, new information for Top Ten Recorders published in the Guide to Operations, various issues resolved during the year.
3. Open Discussion on RT projects for 2019-2020, potential rules, legislation or policy changes for 2020 convention.
4. Update on GTO changes and updates.
5. Review any rule or legislation items that will have an impact on Top 10 Recorders that are being considered at this convention.
6. Open Feedback Session... member and audience are invited to discuss the topic of supporting the needs of Top Ten Recorders on the LMSC level and any items/topics that may be brought up from the floor.

Meeting #1: Thursday, 3:15pm-4:15pm, Regency E

Registration

Committee Members

Susan Ehringer, Chair; Marcia Anziano, Vice Chair

Kirsten Hoffman, Christine Ottati, Chris Powers, Dan Wegner, Gregory Weber, Jill Wright

Ex-Officio: Steve Hall, Jessica Reilly

Introduction

The Registration committee spent most of the year examining the role of the committee and its significance to the organization.

Discussions and Projects Since Last Convention

1. Participation in the Registrar Peer-to-Peer on January 8, 2019 facilitated by Susan Ehringer.
2. Leadership Summit March 1-3, 2019, attended by Susan Ehringer. During the summit, the LMSC Task Force presented its findings from the survey and interviews two years ago. Included in the report were discussions about the role of the registration committee and the membership card printing. Slides from the Summit were shared with the committee. Susan fielded questions about the recommendation of the task force to sunset the committee.
3. During the April 9 Registration Committee call, there was discussion about the LMSC Task Force recommendations. Pros and Cons of the necessity of keeping the committee and the printing of cards were gathered. The committee discussed the need to continue the committee and decided to review the description in the Rule Book. The committee also discussed the need for registration cards. It was decided to turn to the National Office to help explore options of cards (plastic vs. paper, no longer printing, mailing options, etc.).
4. During the May 8 Registration Committee call, the committee spent time re-writing the committee's description in the Rule Book to be submitted as Legislation proposal. There was consideration for changing the committee name to Membership Committee or Membership Services Committee, but the committee had decided it may be premature since the Registrar would be called something else. There was also discussion about the 60-day transfer. The following was submitted to Legislation:
5. 507.1.13 Registration Committee—The Registration Committee shall serve in an advisory capacity to the Board of Directors and the National Office to ensure effective and efficient registration processes and membership services. Committee members shall assist LMSC registrars in a support and educational capacity. The committee shall consist of the committee chair and sufficient members to execute the committee function.
6. Rationale: The current description of the role and function of the Registration Committee no longer accurately reflects the way the committee functions. The requirement that the committee have at least one member from each zone is difficult to maintain and is not necessary to execute the duties of the committee.
7. 201.3.5 A swimmer shall not represent any club in competition for 30 consecutive days before transferring affiliation to another club, unless this transfer takes place at the time of annual registration. A swimmer may declare unattached status at any time without

USMS Committee Reports and Agendas

written application. Swimmers who intend to compete as unattached in a meet should contact their registrar prior to the meet to request that their registration status be changed. The registrar shall change the club affiliation of the swimmer to the UC and note the effective date.

8. Rationale: Requiring the athlete to wait 60 consecutive days before transferring affiliation to another club creates an unnecessary burden on the swimmer wishing to transfer and on the registrars. Reducing the transfer from 60 to 30 consecutive days will provide a better member experience for the athlete.
9. During the July 8 meeting, the committee discussed the last minute proposal by the Board of Directors to change the name of the registrar to Membership Coordinator, a suggestion first made by the LMSC Task Force. The committee supported the proposal. Also discussed was: Member IDs, membership fees, and Registrar Education.

Action Items

1. Review the Registrar Education materials available online, determine a plan for supporting the education of future and current Registrars
2. Recommend the fate of membership cards

Agenda

1. 1. LMSC Task Force representative - discussion about the recommendation of sunseting the committee - 30 mintues
2. 2. Hot Topics: general question and answer from audience and commitee - 30 minutes

Meeting #1: Thursday, 3:15-4:15pm Sterling Studio 3

Rules

Committee Members

Charles Cockrell, Chair; Mollie Grover, Vice Chair; Claire Letendre, Vice Chair; and Christina Fox, Secretary.

Members: Carolyn Boak, Kathrine Casey, Julie Dussliere, Marilyn Fink, Judy Gillies, Karen Harris, Barbara Protzman, Jessica Seaton, Rand Vaillancourt, Jason Weis.

Ex-Officio: Bill Brenner, Steve Hall, Richard Garza, Teri White, Clark Hammond, Peter Guadagni.

Introduction

The Rules Committee began the year by conducting a survey to solicit feedback from committee members, other standing committee chairs, the Executive Committee, and the Board of Directors to understand perspectives on the clarity, content, and organization of USMS rules and regulations. The survey did not identify any major reviews, modifications, or other projects needed at this time. Therefore, the committee's agenda for this year has focused on the normal business to interpret, provide information on, and solicit proposed amendments to part one of the USMS Rules and Regulations and the Glossary. The committee held a winter organizational conference call followed by a spring conference call to consider proposed amendments submitted by the rules committee in advance of the June 10 submission deadline.

The Chair has answered several questions from USMS members, but no formal interpretations have been issued as of the timing of this report in 2019.

The Rules Committee is working through its normal business to interpret, provide information on, and solicit proposed amendments to part one of the USMS rules and regulations.

The Chair also attended the USA Swimming Rules and Regulations Committee meeting in early June 2019. Based on attendance at this meeting and follow-ups with USA Swimming leadership, the following information can be provided to USMS members.

1. USA Swimming has implemented changes to their Minor Athlete Protection Policies (MAPP) which require all adult athlete and non-athlete members to adhere to MAAP guidelines and take Athlete Protection Training (APT) as a condition of membership. The USA Swimming General Counsel clarified that USMS members who attend dual-sanctioned meets held jointly between USA Swimming and USMS are not considered "applicable adults" for the purposes of MAPP and are not subject to the APT requirements. USMS members who routinely participate in USA Swimming workouts may be subject to APT requirements similar to adult USA Swimming members. USMS athletes that fall into this category should work with their clubs to understand the requirements.

2. Since USMS has implemented its own officials training program, we have received some questions about USMS members being allowed to train at USA Swimming sanctioned meets. This option would be at the discretion of the LSC in which the meet occurs, but USMS members

USMS Committee Reports and Agendas

can be afforded the option to complete a training session at a USA Swimming meet without becoming a USA Swimming member. The officials in training would be covered by insurance similar to other non-member volunteers, such as timers, equipment operators, and other positions.

The committee is considering 11 proposed amendments to part one USMS rules, 4 housekeeping amendments, and 2 pending amendments to USA Swimming rules that would affect USMS rules. The committee will be working through the summer to consider and disposition these amendments with recommendations reported to the House of Delegates in the pre-convention packets. Recommendations can be reconsidered and further changes made to proposed amendments at the USMS Convention pending comments and discussion from convention delegates.

USMS members are encouraged to consult resources on the USMS website for rules interpretations, answers to frequent questions, and other information.

Official Interpretations of USMS rules are included on the Rule Book Page:

<https://www.usms.org/volunteer-central/us-masters-swimming-rule-book>

Committee Policies: https://www.usms.org/admin/policies/content/committee_policies

Rules Committee Blog: <http://forums.usms.org/blog.php?52931-Rules-Committee>

Agenda

1. Review and consideration of proposed amendments to the rules of competition.
2. Review and update of committee policies: National Championship Meet Liaisons, Decision Making Policy, and Policy for Swimwear Exemptions.

Meeting #1: Thursday, 11:30-12:30pm, Regency B

Meeting #2: Friday, 8:00-9:15am, Regency A

Meeting #3: Friday, 10:45-11:45am, Regency A

Meeting #4 (from USA-S): Saturday, 12:30-1:30pm, Regency F

Sports Medicine and Science

Committee Members

Meg Carlson Chair; Clare Kubiak Vice Chair

Jim Miller, Scot Raab, Christopher Rieder, Greg Stoner, Arlette Godges, Robin Tracy, Carlos Rodriguez, Sally Guthrie, Jim Izzi, Jessie Seaton, Jane Moore

Ex-Officio: Daniel Paulling

Introduction

Type your intro here, in paragraph form. Hit return or enter only to start a new paragraph, and hit only once between paragraphs.

Discussions and Projects Since Last Convention

1. SMS Blog – looked at increasing visibility to USMS members with the help of Daniel Paulling in the National Office.
2. Convention Presentation – Dr. Genadijus Sokolovas “Dr. G” confirmed as speaker. Presentation entitled: *“Training Design for Masters Based of the Recovery and Rate of Adaption”* Synopsis- providing scientific data on rates of recovery for Masters using the lactate tests as well as rate of adaptation in training. Includes examples of training plans for Masters swimmers.
3. SMS Booth to be held at LCM Nationals in Mission Viejo. Booth theme this year entitled “Roll It Out”, staffed by current SMS member Arlette Godges, MS, PT, OCS, GCS, focusing on swimmer specific, effective ways of stretching and mobilizing soft tissue areas as well as other structures of the body. Foam roller demonstrations available.
4. Approved research study from Dr. Hiro Tanaka and his team at the U of Texas at Austin. Research study will focus on sexual function and satisfaction of master’s swimmers via a questionnaire. Committee members reviewed questionnaire and gave feedback.
5. Approved Ancient Mariner’s Swimming research survey provided by Jody Gan, MPH, CHES, with the help of committee member Scot Raab. Survey focused on links between serious health conditions and the pool environment, specifically focusing on pulmonary conditions.
6. Dr. Jane Moore and Dr. Jim Miller provided feedback for onsite medical needs at LCM Nationals in Mission Viejo, specifically ambulance needs and a plan for having an ambulance always on site. Also looked at the current language still requiring a SMS Committee appointed Medical Coordinator for USMS National events. The Meet Director’s Guide now under “ownership” of the National Office was last reviewed on 9/8/2015, pages 21, 22, 90 and 91 will need reviewed and potentially updated.

Action Items

1. Review of Meet Director’s Guide in collaboration with National Office. Pages 21, 22, 90 and 91 need revisions.

USMS Committee Reports and Agendas

Agenda

2. N/A

Meeting #1: Thursday, 3:15pm-4:15pm, Sterling Studio 8