

2023 Men's USMS Long Distance All Americans

Age Group	Gender	Event	First Name	M.I.	Last Name	APP	Birthdate	Age	Club abbr.	LDAA	LDAS	USMS #	Time or distance	Records
18-24	M	Sprint Distance OW	Joseph		Geis			19	MVN			333J-B7UN2	24:54.00	
25-29	M	Sprint Distance OW	Michal		Zyla			27	QSSSJ			383U-NK12D	22:18.00	
30-34	M	Sprint Distance OW	Anton		Janezich			31	UC12			123A-HA04T	19:21.00	
35-39	M	Sprint Distance OW	Jeffrey		Morris			39	SWMLB			333H-4E8SG	22:34.00	
40-44	M	Sprint Distance OW	Daniel		Ketchum			42	UC33			333C-X9C5V	27:01.00	
45-49	M	Sprint Distance OW	Mark		Thomas			48	NOVA			3333-04BS2	21:43.00	
50-54	M	Sprint Distance OW	Ryan		Cox			50	MVN			333J-06Y64	20:51.00	
55-59	M	Sprint Distance OW	Kurt		Dickson			56	GRA			333S-02EM5	21:48.00	
60-64	M	Sprint Distance OW	Mark		Johnston			63	BSMT			313X-031WD	23:22.00	
65-69	M	Sprint Distance OW	Tim		Burke			66	WH2O			333B-03AFM	24:15.00	
70-74	M	Sprint Distance OW	William		Reeves			70	SALT			343B-0310P	25:10.00	
75-79	M	Sprint Distance OW	Ian		Stuart			76	MVN			331M-09RGY	36:00.00	
80-84	M	Sprint Distance OW	Rob		Madell			81	UC06			063B-04C79	40:23.00	
18-24	M	Middle Distance OW	Arthur		Hodges			18	SDPM			5433-73JUY	1:03:03.00	
25-29	M	Middle Distance OW	Seth		Baetzold			28	MINN			3036-09V3Y	58:25.00	
30-34	M	Middle Distance OW	David		Paulk			30	UC06			063W-0AWR6	1:03:07.00	
35-39	M	Middle Distance OW	Sean		Thomas			39	UC09			093T-06T9U	44:33.00	
45-49	M	Middle Distance OW	Jim		Svoboda			45	CFSC			253C-06M0U	47:02.00	
50-54	M	Middle Distance OW	Eric		Smith			52	NIAG			043Z-07E64	53:13.00	
55-59	M	Middle Distance OW	David		Reddington			57	WISC			203P-0B4S5	51:32.00	
60-64	M	Middle Distance OW	Mark		Johnston			63	BSMT			313X-031WD	48:05.00	
65-69	M	Middle Distance OW	Larry		Wood			69	TXLA			433B-02NJF	52:42.00	
70-74	M	Middle Distance OW	Michael		McCaffery			70	TOC			383Y-03MY6	54:02.00	
75-79	M	Middle Distance OW	Rich		Bernstein			77	AGUA			063Z-0301W	1:04:52.00	
18-24	M	Long Distance OW	Taras		Polakoff			24	BEAV			333Z-E23S3	1:19:23.00	
25-29	M	Long Distance OW	David		Heron			28	MVN			333K-ZUYXH	59:42.00	
30-34	M	Long Distance OW	Anton		Janezich			31	UC12			123A-HA04T	59:44.00	
45-49	M	Long Distance OW	Roberto		Garcia Lachner			46	CSMS			5033-0APZW	1:09:08.00	
50-54	M	Long Distance OW	Yann		De Fabrique			50	NOVA			3337-005WD	1:03:47.00	
55-59	M	Long Distance OW	Kurt		Dickson			56	GRA			333S-02EM5	1:08:12.00	
60-64	M	Long Distance OW	Mark		Johnston			63	BSMT			313X-031WD	1:13:26.00	
65-69	M	Long Distance OW	John		Holbeck			65	MYST			333M-00CFR	1:16:21.00	
70-74	M	Long Distance OW	William		Reeves			70	SALT			343B-0310P	1:20:54.00	

25-29	M	Marathon Dist OW	Evan	Edwards		25	OREG		373V-WYEB9	2:23:22.30	
30-34	M	Marathon Dist OW	Jack	Calhoun		34	CRUZ		383X-06Y9W	2:28:05.10	
35-39	M	Marathon Dist OW	Andrew	Cunningham		35	TSUN		383C-09YFP	2:51:57.70	
40-44	M	Marathon Dist OW	Johnny	Van Velthuyzen		44	PSM		363M-06TTA	2:40:14.00	
45-49	M	Marathon Dist OW	Eric	Hatch		49	SNM		383E-GCNX0	2:41:58.20	
50-54	M	Marathon Dist OW	Kevin	Scott		53	UC33		333Z-005H4	2:24:41.20	
55-59	M	Marathon Dist OW	Kurt	Dickson		56	GRA		333S-02EM5	2:22:35.40	
60-64	M	Marathon Dist OW	Ron	Thompson		64	OREG		373W-025Z1	3:10:31.00	
70-74	M	Marathon Dist OW	Alan	Bell		73	PSM		3637-02KU0	2:59:37.70	
75-79	M	Marathon Dist OW	Bob	Bruce		75	OREG		373G-025YX	3:12:23.50	
30-34	M	Ultramarathon Distance OW	Alexander	Popof		32	UC33		3334-0W9F6	5:11:22.00	
35-39	M	Ultramarathon Distance OW	Kevin	Jones		35	PSM		362A-S8BFG	5:43:28.70	
40-44	M	Ultramarathon Distance OW	Robert	Jung		44	PSM		3631-EC6W4	4:37:58.80	
45-49	M	Ultramarathon Distance OW	Casey	Ketterling		46	IM		213A-03VX4	4:39:53.60	
50-54	M	Ultramarathon Distance OW	Dean	Atchison		52	SON		383S-DATCH	5:05:45.40	
55-59	M	Ultramarathon Distance OW	Scot	Sullivan		57	OREG		373P-003C6	4:33:13.60	
60-64	M	Ultramarathon Distance OW	Mark	Johnston		63	BSMT		313X-031WD	4:54:53.80	
70-74	M	Ultramarathon Distance OW	Howard	Burns		72	KM		353V-03BS4	6:20:23.10	
25-29	M	2-Mile Cable	John	Beyer		27	SFL		5033-0AW4E	55:48.13	
30-34	M	2-Mile Cable	Anton	Janezich		31	UC12		123A-HA04T	39:01.07	
35-39	M	2-Mile Cable	Sean	Thomas		39	MM		093T-06T9U	43:55.85	
40-44	M	2-Mile Cable	Joshua	Hayes		40	CM		1235-6BXAU	1:13:42.19	
45-49	M	2-Mile Cable	John Rocco	Aversa		48	CM		1236-G6E7B	46:00.12	
50-54	M	2-Mile Cable	Fred	Sisson		53	SSM		143M-DAYRV	49:11.04	
55-59	M	2-Mile Cable	James	Allen		57	WS		4337-02NHU	46:17.79	
60-64	M	2-Mile Cable	Carl	Ingebretsen		62	FAF		1236-3C850	53:25.04	
65-69	M	2-Mile Cable	John	Chambers		68	AM		0638-02YB5	46:14.46	
70-74	M	2-Mile Cable	Michael	McCaffery		70	TOC		383Y-03MY6	50:16.10	
75-79	M	2-Mile Cable	Dan	Kirkland		75	OM		373T-069B3	50:05.10	Y
80-84	M	2-Mile Cable	Rob	Madell		81	UC06		063B-04C79	1:21:57.79	
18-24	M	1 Hour Virtual	Carter	Dilger		21	SKY		413T-B876R	5,480	
25-29	M	1 Hour Virtual	James	Pokornowski		27	NICK		043X-YRBUW	5,275	
30-34	M	1 Hour Virtual	Anton	Janezich		31	UC12		123A-HA04T	5,730	
35-39	M	1 Hour Virtual	Chad	La Tourette		35	TOC		3834-09H5H	5,740	
40-44	M	1 Hour Virtual	Jesse	Morenus		41	SPM		143B-06C7Y	5,015	
45-49	M	1 Hour Virtual	Jari	Salomaa		45	CBSC		383J-JAR1S	4,800	
50-54	M	1 Hour Virtual	Kevin	Jeffery		52	CRUZ		383D-03NJV	5,005	
55-59	M	1 Hour Virtual	Mike	Shaffer		58	VCM		333T-03B3B	5,410	

60-64	M	1 Hour Virtual	Kirk		Richards			62	SMM			383Y-0AYKT	5,045	
65-69	M	1 Hour Virtual	Sandy		MacDonald			68	SMAC			383H-03H4C	4,925	
70-74	M	1 Hour Virtual	Dick		Worrel			70	TXLA			433P-02NHM	4,695	
75-79	M	1 Hour Virtual	Dan		Kirkland			75	OREG			373T-069B3	4,675	Y
80-84	M	1 Hour Virtual	Richard		Burns			80	TAM			383C-BURNS	4,045	
85-89	M	1 Hour Virtual	Barry		Fasbender			86	OREG			3731-BARRY	2,645	
18-24	M	5K Virtual	Henri		Prudhomme			24	MICH			193K-U1RBE	1:19:31.22	
25-29	M	5K Virtual	Patrick		Savidge			27	UC07			073A-JBVR7	1:11:27.65	
30-34	M	5K Virtual	Christopher		Stickle			33	SPM			143A-06HTS	1:05:40.99	
35-39	M	5K Virtual	Anthony		Wallace			36	SAVMS			453E-0AUSE	1:05:53.99	
40-44	M	5K Virtual	Joshua		Askvig			41	AQST			5231-0B735	1:45:18.99	
45-49	M	5K Virtual	John Rocco		Aversa			48	CM-Y			1236-G6E7B	1:08:47.32	
50-54	M	5K Virtual	Russ		Scherwitz			50	NICK			0437-05RGY	1:09:07.13	
55-59	M	5K Virtual	Eilhard		Lussier			58	OREG			373X-025VX	1:06:09.23	
60-64	M	5K Virtual	Mark		Johnston			63	BSMT			313X-031WD	1:09:21.99	
65-69	M	5K Virtual	Andreas		Seibt			65	IM			2133-02VB9	1:13:20.99	
70-74	M	5K Virtual	James		Thornton			71	1776			0833-01JFR	1:19:38.57	
75-79	M	5K Virtual	Dan		Kirkland			75	OREG			373T-069B3	1:15:33.07	Y
80-84	M	5K Virtual	Larry		Raffaelli			80	VCM			3339-03B35	1:41:34.66	
30-34	M	10K Virtual	Christopher		Stickle			33	SPM			143A-06HTS	2:14:36.99	
35-39	M	10K Virtual	Anthony		Wallace			36	SAVMS			453E-0AUSE	2:19:45.99	
45-49	M	10K Virtual	John Rocco		Aversa			48	CM-Y			1236-G6E7B	2:24:40.74	
50-54	M	10K Virtual	Russ		Scherwitz			50	NICK			0437-05RGY	2:21:57.75	
55-59	M	10K Virtual	Eilhard		Lussier			58	OREG			373X-025VX	2:14:39.34	
60-64	M	10K Virtual	Mark		Johnston			63	BSMT			313X-031WD	2:26:46.99	
65-69	M	10K Virtual	Andreas		Seibt			65	IM			2133-02VB9	2:31:15.99	
75-79	M	10K Virtual	Dan		Kirkland			75	OREG			373T-069B3	2:37:46.08	Y
80-84	M	10K Virtual	Larry		Raffaelli			80	VCM			3339-03B35	3:49:03.99	
18-24	M	3000 Virtual	Mark		Sullivan			22	CGMS			1245-3FU9V	44:43.00	
25-29	M	3000 Virtual	Matthew		Whittle			27	TOC			3835-2B3JW	36:00.26	
30-34	M	3000 Virtual	Anton		Janezich			31	UC12			123A-HA04T	31:25.79	
35-39	M	3000 Virtual	Chad		La Tourette			35	TOC			3834-09H5H	30:54.86	
40-44	M	3000 Virtual	Juan		Valdivieso			42	TOC			383K-0771P	33:14.23	
45-49	M	3000 Virtual	John Rocco		Aversa			48	CM-Y			1236-G6E7B	33:44.43	
50-54	M	3000 Virtual	Kurt		Grote			50	OREG			373W-082KF	34:13.87	
55-59	M	3000 Virtual	Kurt		Dickson			56	GRA			333S-02EM5	34:00.44	
60-64	M	3000 Virtual	Mark		Johnston			63	BSMT			3144-031WD	37:58.90	
65-69	M	3000 Virtual	Alexander		MacDonald			68	SMAC			383H-03H4C	36:54.13	

70-74	M	3000 Virtual	Phil		Dodson			70	IM			2139-02UY2	40:39.90	
75-79	M	3000 Virtual	Dan		Kirkland			75	OREG			373T-069B3	38:22.14	Y
80-84	M	3000 Virtual	Larry		Raffaelli			80	VCM			3339-03B35	56:18.93	
25-29	M	6000 Virtual	James		Pokornowski			27	NICK			043X-YRBUW	1:08:13.00	
30-34	M	6000 Virtual	Anton		Janezich			31	UC12			123A-HA04T	1:03:54.99	Y
35-39	M	6000 Virtual	Anthony		Wallace			36	SAVMS			453E-0AUSE	1:12:00.00	
40-44	M	6000 Virtual	Juan		Valdivieso			42	TOC			383K-0771P	1:11:37.02	
45-49	M	6000 Virtual	John Rocco		Aversa			48	CM-Y			1236-G6E7B	1:09:21.73	
50-54	M	6000 Virtual	John		Dissinger			50	BTA			253A-GPZXS	1:13:35.97	
55-59	M	6000 Virtual	Jeff		Erwin			59	SAWS			593W-01J0A	1:09:15.50	
60-64	M	6000 Virtual	Chris		Layton			64	IM			213Y-02VAE	1:22:17.62	
65-69	M	6000 Virtual	Alexander		MacDonald			68	SMAC			383H-03H4C	1:14:35.01	
70-74	M	6000 Virtual	Stephen		Small			71	MEMO			383J-03GV2	1:36:13.00	
75-79	M	6000 Virtual	Dan		Kirkland			75	OREG			373T-069B3	1:17:37.75	Y
80-84	M	6000 Virtual	Larry		Raffaelli			80	VCM			3339-03B35	1:56:51.00	